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# Amadablam Peak Climbing

## Facts

**Destination:** Nepal

**Trip Difficulty:** Technical Challenging

**Trip Style:** Climbing+Trekking+Tour

**Transport:** Private Vehicle / Aeroplane

**Food:** Kathmandu-Breakfast, Mountain-Breakfast+Lunch + Dinner

**Accommodation:** 3-Star Hotel + Lodge + Tea House + Tent

**Group Size:** 3-10

**Max Elevation:** 6,900m

Amadablam Peak Climbing, Among lots of spectacular and magnificent mountains of this Himalayan nation, the Amadablam which is also called as the neighboring mountain of Mount Everest is regarded as the most picturesque mountain. The amadablam expedition is the spectacular expedition in the mountain which is referred to as a mother in local terms and terminology. Aama means mother and Dablam Means Mountains in the local language. Experience the thrill of doing summit in this beautiful mountain and be the part of brave climbers to summit these mountains in Nepal.

Amadablam Peak Climbing is a peculiar mountain which is located at the south of Everest and Lhotse in the Himalayan range of Khumbu region. The Ama Dablam lies along with the 2200 foot peaks in this Himalayan range but this beautiful mountain is distinct and can be recognized by its pyramid shape and sharp edges. The visual delights of the Ama Dablam look stunning and resemble the triangle shaped 3D white chocolate pastry. Ama Dablam



summit peak provides the spectacular 360-degree views of all the panoramic mountains of the Khumbu Region. You could sense the place above clouds in this mountain summit. The summit of the mountain is spacious for at least one tent to be accommodated so there would not be any problem to spend at least half or one hour of time. The time spent in the tip of the Ama Dablam can be well cherished by the view of the sunshine in the neighboring mountains of the Khumbu Region. The time frame for this expedition can be varied from 15 to 25 days of the climbing period which depends upon the weather conditions. The best seasons for the summit of the Mount Ama Dablam are in April, May, September, and October. Come to witness the majestic and beautiful mountain up there in the Khumbu Region.

Join the expert and local team of The Nepal Hiking Trek team of the expedition. We would not leave a single stone unturned to serve you with the great hospitality and the safety while Amadablam climbing the mountain. We believe in providing the worth of adventure, service, and satisfaction to our valued clients for what they have spent in the expedition.

## **Day to Day Itinerary**

**Day 01: Arrival at Kathmandu International Airport Kathmandu.**

**Day 02: Preparation day in Kathmandu**

**Day 03: Fly from Kathmandu to Lukla which takes approximately 30 minutes and trek to Phakding. Stay overnight at lodge in Phakding.**

**Day 04: Trek from Phakding to Namche Bazaar (3440 m.) which takes about 5 to 5 and a half hours. Stay overnight at lodge in Namche Bazaar.**

**Day 05: Rest at Namche Bazaar for acclimatization and excursion around the places. Stay overnight at lodge in Namche Bazaar.**

**Day 06: Trek from Namche Bazaar to Tyangboche (3850 m.) and it takes almost 5 hours.**



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**Day 07: Trek from Tyanboche to Ama Dablam Base Camp.**

**Day 08: Day 8 to Day 24 Climbing period for Ama Dablam. Stay overnight at camp Base camp (4600 m):**

**Day 09: Trek from Ama Dablam Base camp to Namche.**

**Day 10: Trek from Namche Bazaar to Phakding (2652m.) which takes about four hours. Stay overnight at lodge.**

**Day 11: Trek from Phakding to Lukla (2886m) which takes about three hours. Stay overnight at lodge.**

**Day 12: Fly from Lukla to Kathmandu and transfer to hotel.**

**Day 13: Stay overnight at hotel in Kathmandu. farewell dinner.**

**Day 14: Fly back Home**

## **Cost Includes**

- Airport pick-up and drop of by private car/van/bus.
- 4 Nights accommodation in 3 stars (\*\*\*) hotel in Kathmandu with the BB plan.
- Kathmandu city tour including city tour guide salary, entry fees, and private vehicle.
- Kathmandu –Lukla-Kathmandu by flight.
- Full board meal during the trek (3 times tea/coffee, breakfast, lunch, and dinner).
- Twin sharing a normal room.
- Seasonal fruits during the trek.
- Experienced, expert, friendly guide, porter and their food, accommodation, salary, equipment, and insurance.
- Double bag for the trekking use.
- Trekking poles for the trekking duration.
- Down jacket and sleeping bag.
- All permits and Tims (please bring a passport copy and photos).



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- Government tax, farewell dinner.
  - **Assistant Cook & Transportation:** Trekking assistant cook & necessary kitchen helper on the basis of Member and they carry of camping equipment and tent from Khare.
  - **Camping Equipment Utensils:** EPI Gas, gas stove or fuel stove for Cooking, Fuel or Kerosene oil, Cooking pot, Mattress, Walker Talkie( Talk Back), etc.
  - **Staff salary and Allowance:** All our staffs & porters daily wages/equipment/food/clothing.
  - **High Altitude Tents:** North Face Dome Tent Space for Two Pax, Wall/Cabin Tent for Dining and Kitchen, etc.
  - **High Camp Lodging & Food Service:** Chocolate and Three Meals (Breakfast, Lunch, Dinner) a day for Member And Staff.
  - **Drinks & Beverage:** Tea with Biscuits and Hot drinking water in climbing Period and Hot washing water in case required.
  - **Fixing Gear:** Fix rope, main rope, snow bar, ice crew, rock pitons as well as Heli Rescue / Charter Arrangement.

## Cost Excludes

- International flight tickets.
- Travel insurance.
- Nepal entry visa.
- Cold drinks, snacks, and personal equipment.
- Tips for guide, porters and drivers.
- **Personal Gear:** Climbing boot, Crampons, Ice ax/ Ice hammer, Harness, Jammers, Karabiners, Finger eight / ATC guide, Tap sling, etc. (Possible to hire at Khare).
- **Tips:** Climbing Sherpa, High Altitude Guide and Tips for staff.