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# Everest Base Camp Solo Trek

## Facts

**Destination:** Nepal

**Trip Difficulty:** Moderate

**Trip Style:** Trekking and Tour

**Transport:** Private Vehicle / Aeroplane

**Food:** Breakfast+Lunch+Dinner

**Accommodation:** 3-Star Hotel + Teahouses + Lodges

**Group Size:** 01-15

**Max Elevation:** 5545m

Everest Base Camp Solo Trek Embarking on the journey towards the world's tallest mountain, Mt. Everest's foothill, is not an everyday task. It requires physical endurance, perseverance, and a spirit of adventure. Stop jotting down notes on the travel planning paper, and step out and choose the Everest Base Camp Trek package for a holiday in Nepal. The scintillating sunrise from a height of 5545 m above sea level at Kalapathar or the walking on the head of the Khumbu glacier at 5364m, Everest Base Camp provides much-needed thrill in the monotonous life. Experience the temperate to alpine forests and the hilly to the Himalayan terrain in this best [trekking route in Nepal](https://www.nepalhikingtrek.com/trekking-in-nepal) (<https://www.nepalhikingtrek.com/trekking-in-nepal>) .

17 days of adventure in the Everest Base Camp Solo Trek start adventurously. The trekkers will be landed in probably the most extreme airport in the world, the Tenzing-Hillary Airport of Lukla. The trail along the Dudhkoshi River originated from the lofty Himalayas, and the green,



lush forests will definitely ignite the compassion towards Mother Nature. Moreover, as you trek uphill towards Namche, the mere sight of the mountains and beautifully clustered Market will act as the photographer's paradise. Sail over the horizon, savoring the delightful scenes of the beautiful [Amadablam Mountain \(https://www.nepalhikingtrek.com/amadablam-peak-climbing\)](https://www.nepalhikingtrek.com/amadablam-peak-climbing) along with the Nuptse, Lhotse, Tengboche, and others en route to Tengboche via Kyangjuma. As you trek higher into the Dingboche Valley and the Lobuche Pass along with the moraine, it acts as the gateway to the majestic base camp of Everest. [The Everest Base Camp Trek \(https://www.nepalhikingtrek.com/everest-base-camp-trek\)](https://www.nepalhikingtrek.com/everest-base-camp-trek) finally reaches its final destination at the camp and the early morning sunrise view from Kalapathar. While returning the same trail, you should be aware to capture some of the magnificence of the [Everest region \(https://www.nepalhikingtrek.com/everest-trekking\)](https://www.nepalhikingtrek.com/everest-trekking). Our trekking guides always remind you to be agile during the return because you will see a different perspective of the same landscape during your return.

Book the prolific Everest Base Camp Solo Trek package with Nepal Hiking Trek. We conduct about half a dozen trekking voyages every 6 months a year in the Everest region. Our major service is the vast knowledge regarding the Sherpa people of the region. Our local knowledge will definitely make your trip to Everest the best one in terms of adventure and information.

**Do you have a dream of Everest Base Camp Solo Trek with Local Expertise?**

## Highlights

- Peacefull and beautiful trek who want to experience the Himalayan beauty without disturbance and interference of others.
- Experience the scenic and adventurous mountain flight from Kathmandu to Lukla.
- Explore the famous Sherpa community- Namche Bazaar (the capital of the Khumbu



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glacier and famous trade center of the Khumbu Region).

- Everest Base Camp itself.
- Walk through the breathtaking Himalayan flora and fauna, the track of the rivers, crossing charming villages like Pakding, louche and Many more.
- Explore the Tengboche monasteries- famous for the renowned old and biggest monasteries of the Khumbu region nourishing spirit with the daily praying Buddhist monks.
- Sagarmatha National Park-the first established national park in the high altitude of Nepal which extends up to 2400 meters to 8848 meters and is listed in the UNESCO World Natural Heritage Sites.
- The attractive vantage point is to enjoy the panoramic views of Mt Everest, Ama Dablam, Lhotse, Nuptse and many more.
- Hike up to the base of Mt Everest world's highest mountain.

## **Day to Day Itinerary**

**Day 01: Arrived to Kathmandu**

**Day 02: Sightseeing in Kathmandu Valley**

**Day 03: Fly to Lukla(2850m) then trek to Phakding -3/4 hours**

**Day 04: Trek to Namche(3443m) – 5/6 hours**

**Day 05: Acclimatization day in Namche – 3/4 hours**

**Day 06: Trek to Tengboche 5/6 hours**

**Day 07: Trek to Dingboche 5/6 hours**

**Day 08: Acclimatization day in Dingboche and Hike to Nagarsan Hill(5100m) – 4/5 hours**

**Day 09: Trek to Lobuche 5/6 hours**

**Day 10: Trek to Gorakshep-3/4 hours**



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- Day 11: Trek to EBC(5364m) then back to Gorakshep - 4/5 hours**
- Day 12: Hike to Kalapatthar(5545m) for sunrise then trek to Pheriche – 7-8 hours**
- Day 13: Trek to Khumjung – 6/7 hours**
- Day 14: Trek to Phakding – 6/7 hours**
- Day 15: Trek to Lukla**
- Day 16: Fly back to Kathmandu**
- Day 17: Departure**

## **Cost Includes**

Airport pick-up and drop-off by private Car/Van/Bus.

3 nights accommodation in a 3-star (\*\*\*) hotel in Kathmandu with the BB plan.

Kathmandu-Lukla-Kathmandu scenic flight.

kathmandu Valley Sightseeing included a Tour Guide & a Private Car.

Full board meals during the trek (a tea or coffee, breakfast, lunch, and dinner).

Teahouse accommodations on the trek (twin sharing).

Seasonal fruits during the trek.

Expert, experienced, friendly guide and porter, as well as their food, accommodation, salary, equipment, and insurance.

Duffle bag for the trek.

First Aid kit included Oxi-meter

All permits and Tims (please bring a passport copy and photos).

All Government taxes,

Our Agency offers a Farewell Dinner.

## **Cost Excludes**

- Travel insurance.
- Cold drinks, snacks, and personal equipment.
- Tips for guides, porters, and drivers.
- Any other expenses that are not mentioned in the Price Includes section.