Gokyo Lake Trekking

Facts

Destination: Nepal

Trip Difficulty: Moderate

Trip Style: Trekking and Tour

Transport: Private Vehicle / Aeroplane

Food: Kathmandu-Breakfast, Mountain-Breakfast+Lunch + Dinner

Accommodation: 3-Star Hotel + Teahouses + Lodges

Group Size: Min. 1 pax

Max Elevation: 5,350m

The Gokyo Lake Trekking offers unrivaled views of Mt. Everest as well as its neighboring peaks, glaciers, and glacial lakes. At the highest viewpoint at Gokyo Ri (5340m), we get sunrise views of Mt. Everest (8,848m), Lhotse (8,516m), Makalu (8,481m), Cho Oyu (8,201m) and others. The Ngozumba glacier that can be seen is the longest in Nepal.

The Gokyo Lake Trekking also allows us to enjoy the Tibetan-influenced Buddhist culture of the Sherpa people as we stay in their traditional villages. After a short, scenic flight from Kathmandu, the trek begins from the airport town of Lukla. The next day we reach Namche Bazaar, a bustling market town that is the Sherpa capital, where we spend a full day and extra night for acclimatization. Several days later, we reach the high Goyko Valley, which is the base for our best Everest mountain, lake, and glacier views.

This trek can be extended by combining it with Everest Base Camp, or even further by adding various mountain passes. See our full list of Everest Region trekking options. For all

treks involving the Everest region, we recommend that you add an extra day or two to your schedule to account for common flight delays and cancellations out of Lukla Airport, which can occur even for cloud cover.

To organize the Gokyo Lake Trekking, or other treks in the Everest region, feel free to contact us.

Highlights

- Hike along Ngozumpa Glacier- the largest glacier in the Khumbu region.
- Very peaceful and less crowded trail but you can enjoy all the selection of the mountains.
- Hike to the Gokyo Ri (5340 metes)- the attractive vantage point to enjoy the panoramic views of Everest, Lhotse, Cho Oyu, and other surrounding peaks.
- Views of the Renjo La Pass- one of the most beautiful and highest passes of the Khumbu Region.
- Explore the Khumjung village- a famous Sherpa village and also a home of the real yeti skull
- Walk through beautiful rhododendron and pine forests, through the terraced green farm, numerous ethnic settlements, a valley with amazing views of the snow-capped mountains and surrounding landscapes

Day to Day Itinerary

Day 01: Kathmandu arrival

Day 02: City tour or free day to explore and shop on your own.

Day 03: Fly to Lukla (2,869m) and trek to Phakding.

Day 04: Trek to Namche Bazaar.

Day 05: Namche Bazaar, Rest and Acclimatization.

Day 06: Namche Bazaar to Dole.

Day 07: Dole to Machhermo.

Day 08: Machhermo to Gokyo Lake.

Day 09: Hike to Gokyo Ri (5,350m), return to Goyko Lake.

Day 10: Gokyo to Dole.

Day 11: Dole to Jorsale.

Day 12: Jorsale to Lukla

Day 13: Fly back to Kathmandu.

Day 14: Departure.

Cost Includes

Accommodation

- Three nights' Twin-sharing/double accommodation with breakfast at a 3-star category hotel in Kathmandu: two nights before the trek and one night after the trek. (Hotel category upgrade & private room accommodation can be organized at an extra cost)
- Best available twin-sharing guesthouse accommodation during the trek for 10 nights in the Everest Region.

Meals & Drinking Water

- Full board standard meals during the trek (Breakfasts, Lunches, and Dinners) including one hot drink.
- Seasonal fruits in the evening on a trek.
- Cultural dinner at Nepali Restaurant after trekking.

Transportation

- Kathmandu International and Domestic airport pick-up and drop-off on a private vehicle as per your arrival date and time.
- Round-trip Flight ticket between Kathmandu and Lukla (March to May and September to November) and Manthali and Lukla(December to February and June to August).
- Transport between Kathmandu and Manthali by shared tourist vehicle.
- Kathmandu valley tour included a private Vehicle.

Guide and Staff

- Experienced, first-aid trained, government licensed, English speaking, and locally recruited Nepal Hiking Treks' trekking guide for 10-11 (2 guides for group sizes of more than 7 people).
- Porter to carry your luggage during the trek (1 porter for every 2 clients, carries 26 kgs and not included for solo trekker)
- Wages, accommodation, meals, gear, insurance, and medications for all staff.
- Export a tour guide for Kathmandu sightseeing.

Trek Permits

- Sagarmatha (Everest) National Park Permit Fee.
- Pasang Lhamu Rural Municipality fee.
- Trekkers' Information Management System (TIMS) card.

NHT benefits

- First aid /kit bag with oxygen meters, trekking map.
- Trip completion certificate by Nepal Hiking Trek.

Administrative & Taxes

- Domestic Airport tax.
- All our administrative expenses and government taxes.

Cost Excludes

- International flight fare and Nepal Entry Visa fee.
- Kathmandu Valley Tour entrance fee.
- Travel insurance for both medical and high-altitude emergency evacuation coverage.
- Snacks and any beverages including bottled and boiled water.
- Tips and gratitude to the trekking staff and driver.
- Personal trekking gear and equipment, as well as personal expenses.
- Extra night hotel in the city (if needed).
- Any other expenses that are not mentioned in the Price Includes section.