Lower Mustang Tour Trek

Facts

Destination: Nepal

Trip Difficulty: Easy

Trip Style: Trekking and Tour

Transport: Private Vehicle / Aeroplane

Food: Kathmandu/Pokhara (Breakfast) Mountain(Lunch,Dinner,Breakfast)

Accommodation: 3-Star kathmandu+2-Star Pokhara + Teahouse

Group Size: 02 - 10

Max Elevation: 3,800m

Lower Mustang Tour Trek offers a great combination of culture and moderate walking in the stunning western part of the Annapurna Himalayas. The trip can be done as a trek, jeep tour or combination of both.

Lower Mustang Tour Trek, The deep Kali Gandaki gorge and the arid rain shadow behind the Annapurna peaks present a unique landscape with beautiful rock formations, monasteries, and traditional villages. After enjoying the sights of Kathmandu and Pokhara, we fly to Jomsom, where our trek begins. We walk through the deep Kali Gandaki gorge on a dry riverbed, framed by high mountains on both sides. A few hours later we reach Kagbeni, with its bustling market and monastery, influenced by Tibetan Buddhism. Kagbeni is also a gateway to Upper Mustang, a restricted area requiring a special permit. (The Upper Mustang trek is also offered by Nepal Hiking Trek).

Muktinath temple is the final destination of the trek, which is significant for both Hindus and

Buddhists for pilgrimage trips. People believe they can get rid of their sins if they visit there once in their lifetime. Please contact us for more information.

Highlights

- Experience of the different side of the Nepali Culture
- Explore the Muktinath temple- a holy sacred temple of the Hindu and Buddist pilgrim
- Classic trial with unique landscapes.
- Walk through the scattered Magar, Gurung and Thakali communities, experience the unique Himalayan flora and fauna, beautiful waterfalls view.
- Experience of mixed traditional ritual and culture of Tibetan and Gurung/Magar/Thakali.
- Panoramic views of the world iconic mountain like Mt Annapurna, Manaslu, Dhaulagiri, and other surrounding peaks.

Day to Day Itinerary

Day 01: Arrival at Kathmandu.

Day 02: City tour or free day to explore and shop on your own.

Day 03: Drive to Pokhara.

Day 04: Fly to Jomsom, walk to Kagbeni.

Day 05: Trek to Muktinath.

Day 06: Muktinath to Jomsom.

Day 07: Fly to Pokhara (half day sightseeing).

Day 08: Drive back to Kathmandu, farewell dinner.

Day 09: Departure.

Cost Includes

- Airport pick-up and drop-off by private car/van/bus.
- 2 Nights accommodation in 3 stars (***) hotel in Kathmandu with the BB plan.
- 2 Night accommodation in 3 stars (***) hotel in kathmandu with BB plan.
- kathmandu Valley sightseen included Tour guide, Private Vehicle.
- All transportation by private jeep/car/plane.
- Full board meal during the trek (3 times tea/coffee, breakfast, lunch, and dinner).
- Teahouse accommodation on the trek.
- Seasonal fruits during the trek.
- Experienced, expert, friendly guide, porter and their food, accommodation, salary, equipment, and insurance.
- Duttle bag for the trekking use.
- First Aid kit included Oxi-meters.
- Trekking permits and Tims (please bring a passport copy and photos).
- Government tax, farewell dinner.

Cost Excludes

- International flight tickets.
- Travel insurance.
- Nepal entry visa.
- Jeep segments in lieu of trekking.
- Cold drinks, snacks, and personal equipment.
- Tips for guide, porters and drivers.
- Flight option from Pokhara in lieu of land transport.International flight tickets.