Mera Peak Climbing

Facts

Destination: Nepal

Trip Difficulty: Very Strenuous

Trip Style: Climbing+Trekking+Tour

Transport: Private Vehicle / Aeroplane

Food: Kathmandu-Breakfast, Mountain-Breakfast+Lunch + Dinner

Accommodation: 3-Star Hotel + Lodge + Tea House + Tent

Group Size: 02-10

Max Elevation: 6,084m

Mera Peak Climbing is one of the most popular peak climbing trips in the Everest region. While not technical, we will at times require crampons and to be guided by ropes. Among the non-technical peaks of Nepal, Mt. Mera, at 6,461 meters, is the tallest. We stay at teahouses during most of the trek but will be sleeping in tents for several days during our Mera peak climbing.

We start from Lukla airport following a short flight from Kathmandu. Normally, the trekking and Mera peak climbing packages lead you through the Dudh Koshi valley but this route is different, allowing you to experience typical Sherpa villages and valleys. The landscape is beautiful as you ascend rocky trails on the way up. After about a week of trekking, plus a rest day for acclimatization, we reach our base camp at roughly 5,300 meters. High camp is at 5,780 meters. During your stay at these camps, you'll have pre-climbing practice sessions and instructions about the use of crampons, ice axes, ropes, and other materials. The

summit day is outstanding. You ascend a long way to reach the top point and get fabulous Himalayan views of Mt. Everest (8,848m), Lhotse (8,516m), Makalu (8,481m), Cho Oyu (8,201m) and other surrounding peaks. We return to the village of Khare and over the next several days making our way back to Lukla and our return flight to Kathmandu.

Nepal Hiking Trek offers you our expertise and excellent support for this adventure. Please contact us for more information.

Amazing view from Mera Peak climbing.

Day to Day Itinerary

Day 01: Arrival at Kathmandu
Day 02: City tour or free day.
Day 03: Fly to Lukla, trek to Paiya
Day 04: Paiya to Pangkoma
Day 05: Pangkoma to Nigmsa
Day 06: Nigmsa to Chetrakhola.
Day 07: Chetrakhola to Kothe
Day 08: Kothe to Tangnang
Day 09: Rest Day at Tangnang.
Day 10: Tangnang to Khare
Day 11: Khare to Mera Peak Base Camp
Day 12: Mera Peak Base Camp to High Camp (5,780m).
Day 13: Summit Mera Peak (6,461m), back to Khare (5,045m).
Day 14: Khare to Kothe
Day 15: Kothe to Thuli Kharka

Day 16: Thuli Kharka to Lukla

Day 17: Fly back to Kathmandu.

Day 18: Rest day, farewell dinner

Day 19: Departure.

Cost Includes

- Airport pick-up and drop -off by private car/van/bus.
- 4 Nights accommodation in 3 stars (***) hotel in Kathmandu/Pokhara with BB plan.
- Kathmandu Valley Sightseen included tour Guide with Private Vehicle.
- Kathmandu-Lukla-Kathmandu flight.
- Full board meal during the trek (3 times tea/coffee, breakfast, lunch, and dinner).
- Teahouse lodging on the trek. Camping during peak climb.
- Seasonal fruits during the trek.
- Experienced, expert, friendly guide, porter and their food, accommodation, salary, equipment, and insurance.
- Duttle bag for the trekking use.
- First Aid kit included Oxi-meters.
- All permits and Tims (please bring a passport copy and photos).
- Government tax, farewell dinner.
- **Assistant Cook & Transportation:** Trekking assistant cook & necessary kitchen helper on the basis of Member and they carry of camping equipment and tent from Khare.
- **Camping Equipment Utensils:** EPI Gas, gas stove or fuel stove for Cooking, Fuel or Kerosene oil, Cooking pot, Mattress, Walker Talkie(Talk Back), etc.
- **Staff salary and Allowance:** All our staffs & porters daily wages/equipment/food/clothing.

- **High Altitude Tents:** North Face Dome Tent Space for Two Pax, Wall/Cabin Tent for Dining and Kitchen, etc.
- **High Camp Lodging & Food Service:** Chocolate and Three Meals (Breakfast, Lunch, Dinner) a day for Member And Staff.
- **Drinks & Beverage:** Tea with Biscuits and Hot drinking water in climbing Period and Hot washing water in case required.
- **Fixing Gear:** Fix rope, main rope, snow bar, ice crew, rock pitons as well as Heli Rescue / Charter Arrangement.

Cost Excludes

- International flight tickets.
- Travel insurance.
- Nepal entry visa.
- Cold drinks, snacks, and personal equipment.
- Tips for guide, porters and drivers.
- **Personal Gear:** Climbing boot, Crampons, Ice ax/ Ice hammer, Harness, Jammers, Karabiners, Finger eight / ATC guide, Tap sling, etc. (Possible to hire at Khare).
- **Tips:** Climbing Sherpa, High Altitude Guide and Tips for staff.