



Tilicho Lake Trekking

Facts

Destination: Nepal

Trip Difficulty: Moderate

Trip Style: Trekking and Tour

Transport: Private Vehicle / Bus

Food: Kathmandu-Breakfast, Mountain-Breakfast+Lunch + Dinner

Accommodation: 3-Star Hotel + Teahouses + Lodges

Group Size: 01 - 15

Max Elevation: 5,416m

The Tilicho Lake trekking is the highest located glacial Lake of Nepal. This is the best place to witness the glacier lake as well as the mountainous range in the vicinity of the Annapurna Circuit Trekking trail. Nepal Hiking Trek offers this magnificent trekking experience in the Himalayan belt of Nepal.

The trekking in Nepal is a mystique affair and this trail supports this fact too. Tilicho Lake trekking starts from the bus driver to the Lamjung Beshisahar. The Lamjung district of Nepal is very significant because of the historical events attached to it. The trekking starts from Beshisahar up to the Khangsar Village similar to the Annapurna Circuit Trekking. For the circuit trekking, the trail leads towards Yak Kharka but for the Tilicho trekking, the trail moves to pass by the Khangsar Village. The glacial lake lies majestically up in the mountains. The views of the Annapurna Mountains, Tent Peak, and other Himalayan ranges can be experienced from the Tilicho Lake. This lake is situated at an altitude of 4919m and regarded



as the highest located Lake of Nepal. Once you have been mesmerized by the view of the majestic Tilicho Lake the trek move towards more daunting and challenging passes of the Annapurna Circuit Trekking. The Tilicho Lake to Yak Kharka then passing by the Thorong La Pass (5416m) provides the wilderness adventure experience. Once you have passed the Thorong La then the trip follows the Muktinath Jomsom trail. The view of the Nilgiri on your left and barren Mustang region on your right at the banks of Kaligandaki River helps to forget all the pains endured upon coming to this place. From Jomsom, the trekking ends and you will be taken to Pokhara by flight.

Come and Book this Tilicho lake trekking which consists of the high Altitude Lake, snow-covered mountain passes and mystical Mustang Muktinath Temple.

Highlights

- Trek the Tilicho Lake, the lake situated at the highest altitude (4919 meters) in Nepal.
- You will walk through the Thorong La Pass- the highest and the challenging pass of the Annapurna Region.
- Walk along with the lake, you will join the route to the cultural spot that is Muktinath temple.
- You will walk through the dense settlement of the Gurung and Magar People and get a close insight to their day to day activities, experience their hospitality, culture, and tradition.
- Gorgeous views of Annapurna Ranges, Tilicho Himal, Nilgiri and the surrounding snow-capped mountain along the trek

Day to Day Itinerary

Day 01: Arrived (TIA) Transfer to you Hotel Kathmandu.



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- Day 02: Drive Kathmandu to Jagat around 8 hour drive. Overnight at lodge**
- Day 03: Trek Jagat to Dharapani(1860m) overnight at lodge.**
- Day 04: Trek Dharapani to Chame(2670M) overnight at Lodge.**
- Day 05: Trek Chame to Pisang(3200m) overnight at Lodge.**
- Day 06: Trek Pisang to Manang(3540m) overnight at Lodge.**
- Day 07: Acclimatization day, Overnight at Lodge.**
- Day 08: Trek to Khangsar (3,734m) / Sirikharka 5 / 6 hour walking overnight at lodge.**
- Day 09: Trek to Tilicho Base Camp (4150m) 6 hour walking overnight at Lodge.**
- Day 10: Trek Base Camp to Nama Phu (3510m) over the Masokanto La (5121m) overnight at tent.**
- Day 11: Nama Phu trek to Jomsom (2713m) overnight at Lodge.**
- Day 12: Jomsom Flight to Pokhara (850m) overnight at Lodge.**
- Day 13: Drive to Kathmandu by tourist bus BB plan.**
- Day 14: Leisure Day/Farewell Dinner**
- Day 15: Depature.**

Cost Includes

Accommodation

- Three nights' Twin-sharing/double accommodation with breakfast at a 3-star category hotel in Kathmandu: one night before the trek and one night after the trek. (Hotel category upgrade & private room accommodation can be organized at an extra cost)
- One night accommodation in a 3-star category hotel in Pokhara with a BB plan.
- Best available double/ twin-sharing guesthouse accommodation during the trek for 9 nights in the Annapurna Region.



Meals & Drinking Water

- Full board standard meals during the trek (Breakfasts, Lunches, and Dinners) including one hot drink.
- Seasonal fruits for dessert in the evening on a trek.
- Cultural dinner in a Nepali Restaurant after trekking.

Transportation

- Kathmandu International and Domestic Airport pick-up and drop-off on a private vehicle as per your arrival date and time.
- Transport between Kathmandu - Beshishar and Pokhara - Kathmandu by Tourist bus.
- Flight ticket from Jomsom to Pokhara.

Guide and Staff

- Experienced, first-aid trained, government licensed, English speaking, and locally recruited Nepal Hiking Trek's trekking guide for 10-11 days (2 guides for group sizes of more than 7 people).
- Porter to carry your luggage during the trek (1 porter for every 2 clients, porter can carry up to 26 kgs, and porter cum guide for solo trekker)
- Wages, accommodation, meals, gear, insurance, and medications for all staff.

Trek Permits

- Annapurna Conservation Area Permit (ACAP).
- Trekkers' Information Management System (TIMS) card.

NHT benefits



- First aid/kit bag with oxygen meters, trekking map.
- Trip completion certificate by Nepal Hiking Trek.

Administrative & Taxes

- All our administrative expenses and government taxes.
- Domestic airport departure tax.

Cost Excludes

- International flight fare and Nepal Entry Visa fee.
- Travel insurance for both medical and high-altitude emergency evacuation coverage.
- Snacks and any kind of beverages, including bottled and boiled water.
- Tips and gratitude to the tour guide, trekking guides and porters (expected).
- Personal trekking gear or equipment and personal expenses.
- Any other expenses that are not mentioned in the Price Includes section.